



## Claire Dowson

### Rehabilitation Case Manager & Registered Nurse

RGN BSc (Hons)

#### Injury Expertise:

**Chronic Pain**  
**Psychological trauma**  
**Spinal conditions**  
**Neurological conditions, including Stroke**  
**Orthopaedic**  
**Brain Injury**



#### Profile:

- Claire is a Registered Nurse and a Rehabilitation Case Manager with Medicess' Multidisciplinary team.
- Claire brings extensive experience of assessment, care planning and case management. She has experience of assessing the functional impact of psychological and physical conditions on daily life, ensuring holistic care across physical, mental, emotional, environmental and social areas.
- Claire is a great communicator, ensuring a high standard of professional support to optimise recovery.
- Claire has a keen interest in the management of rehabilitation for clients who have experienced psychological trauma as well as chronic pain, stroke, brain injury and orthopaedic conditions. Her previous experience as a Functional Assessor, District Nurse and Nursing Manager provides valuable insight into the impact of single and multiple conditions when co-ordinating care.
- Claire is also an expert witness, providing expert advice and reports to solicitors in relation to various medico-legal cases, this can include medical negligence, fitness to practice and liability reports.

#### Background:

- Prior to working in with Medicess and case management, Claire worked as a Functional Nurse Assessor. This role included holistically assessing clients with a wide range of medical conditions such as musculoskeletal, neurological, sensory, cardio-respiratory and mental health conditions and the impact on their daily lives.
- Claire has a previous history of district nursing, nursing home management, nursing young adults with physical disabilities and forensic nursing. Also, Claire has history of co-ordinating care for patients in the community and liaising with relevant health care professionals.
- Claire has a Nursing Degree, a Level 5 qualification in Health and Social Care and is also an independent nurse prescriber. She also has experience of working as a nurse in acute hospital settings mainly within haematology, palliative care and medical assessment areas.

#### Qualifications & Memberships:

- BSc (Hons) Nursing,



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- Level 5 Health and Social Care Management,
  - Independent and supplementary Nurse Prescriber,
  - Registered with the Nursing and Midwifery Council (NMC),
  - Member of CMSUK & BABICM.