



Karen Henley

Rehabilitation Case Manager & Registered Nurse

RGN, BSc (Hons), SPOHN, MSc



Injury Expertise:

Psychological Trauma
Complex Injuries
Vocational Rehabilitation

Profile:

- Karen is a Registered General Nurse and has worked in Occupational Health and the insurance industry since 2005.
- Karen brings extensive experience in assessing the functional impact of physical and psychological conditions on patients' lives and uses a holistic approach and a high standard of professional support to optimise recovery.
- She has excellent interpersonal and communication skills, which allows her to develop a supportive rapport with patients during their rehabilitation.
- She works closely with other members of the Medicess Multidisciplinary team to ensure her patients receive appropriate support, taking into consideration their needs from a biopsychosocial perspective.
- Karen is highly experienced in rehabilitation with patients with multiple trauma and spinal injury as well as psychological trauma.

Background:

- Karen has experience of working in a variety of settings, including Critical Care, Occupational Health, Ergonomics, and independent case management.
- Karen has gained professional skills in nursing, management, teaching, health ergonomics, occupational health and case management.
- Karen has a special interest in vocational rehabilitation, facilitating a return to work either in the patient's pre-injury role or an alternative role.

Qualifications & Memberships:

- Registered General Nurse
- BSc (Hons) Occupational Health
- Specialist practitioner in Occupational Health (SPOHN)
- MSc Health Ergonomics
- Registered with the Nursing and Midwifery Council (NMC),
- Member of Royal College of Nursing (RCN),
- Case Manager Member of the CMSUK & BABICM.