



Dr Kathryn Pugh

MDT Psychologist

CPsychol AFBPsS PhD MSc

Injury Expertise:

Psychological Injury
Acquired Brain Injury
Chronic Pain



Profile:

- Kathryn is a Chartered Psychologist and Associate Fellow of the BPS.
- She worked as a Rehabilitation Case Manager within Medicess' Multidisciplinary Team from 2008 to 2018, and as Rehabilitation Operations Manager from 2015 to 2018. Her current role within the team is as in-house Chartered Psychologist.
- Kathryn has extensive experience managing psychological and neuropsychological aspects of patients' rehabilitation, integrated within the wider goals of their rehabilitation programme.
- She undertakes telephone-based wellbeing assessments with patients, provides clinically sound recommendations for intervention and treatment, works with treatment providers and other services to ensure the best quality intervention and treatment is delivered, and works closely with other members of the Medicess multidisciplinary team advising and consulting on all aspects of psychological and neuropsychological rehabilitation.
- Her goal is to ensure the best quality provision of psychological support for all patients, throughout the duration of their rehabilitation, and tailored to their specific needs.

Background:

- Prior to working in case management, Kathryn's background is in neuropsychology and brain injury rehabilitation. She gained her PhD in neuropsychological rehabilitation in 2007.
- Her research has included rehabilitation of memory impairment following acquired brain injury, and research into evidence-based treatments for psychological conditions resulting from trauma and illness.
- Experience working in community brain injury rehabilitation as a Senior Support Worker sparked her interest in Case Management and led her into the field.

Qualifications & Memberships:

- Chartered Psychologist with the British Psychological Society (BPS),
- Associate Fellow of the BPS,
- Practitioner Member of BABICM,
- Case Manager Member of CMSUK,
- Member of the VRA.